

YOUR TREATMENT TRACKER

A guide to making ORGOVYX part of your daily routine


ORGOVYX™
(relugolix) 120 mg tablets

With ORGOVYX, you can have the convenience of a once-daily pill. Use Your Daily Dosing Tracker to help you remember to take your pill every day, and the Test Results Journal to keep track of your testosterone and PSA levels. You can also write down any questions you may have for your doctor.

HOW TO TAKE ORGOVYX

ORGOVYX is a once-daily pill that fits into your routine.

The recommended dose of ORGOVYX

First day of treatment: Take 3 pills  Pills not shown in actual size.

Every day after that: Take 1 pill once daily. Take it at about the same time each day 

Things to remember while taking ORGOVYX



Take ORGOVYX exactly how your doctor prescribed



You can take ORGOVYX with or without food



Swallow each pill whole—do not crush or chew them



Do not change your prescribed dose of ORGOVYX or stop treatment without talking to your doctor first

What to do if you forget to take ORGOVYX

- If it's been **12 hours or less** since you were supposed to take ORGOVYX, take it as soon as possible
- If it's been **more than 12 hours** since you were supposed to take ORGOVYX, you should not take it. Take ORGOVYX at your regular time the next day

What is ORGOVYX?

ORGOVYX is a prescription medicine used in adults for the treatment of advanced prostate cancer. It is not known if ORGOVYX is safe or effective in females or children.

IMPORTANT SAFETY INFORMATION

What should I tell my healthcare provider before taking ORGOVYX?

Tell your healthcare provider about all of your medical conditions, including if you:

- Have any heart problems, including a condition called long QT syndrome.
- Are pregnant or plan to become pregnant. ORGOVYX can harm your unborn baby and cause loss of pregnancy (miscarriage).
- Have a partner who is pregnant or may become pregnant.
 - Males who have female partners who are able to become pregnant should use effective birth control (contraception) during treatment with ORGOVYX and for 2 weeks after the last dose of ORGOVYX.

Please see Important Safety Information throughout and full [Prescribing Information](#) and [Patient Product Information](#) for ORGOVYX (relugolix).

YOUR DAILY DOSING TRACKER



Here are 3 monthly trackers to help you get into a daily routine of taking your treatment.

To stay on track with your ORGOVYX treatment, place an X in the box each day after you take your medicine as prescribed by your doctor.

You can also use this tracker to note when your appointments are scheduled and when to order refills.

Example

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (<u>8</u> / <u>10</u> / <u>21</u>) month/day/year	X	X	X	X	X	X	X	Off to a good start

Monthly Trackers

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (___/___/___) month/day/year								
Week 2 (___/___/___) month/day/year								
Week 3 (___/___/___) month/day/year								
Week 4 (___/___/___) month/day/year								
Week 5 (___/___/___) month/day/year								

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (___/___/___) month/day/year								
Week 2 (___/___/___) month/day/year								
Week 3 (___/___/___) month/day/year								
Week 4 (___/___/___) month/day/year								
Week 5 (___/___/___) month/day/year								

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (___/___/___) month/day/year								
Week 2 (___/___/___) month/day/year								
Week 3 (___/___/___) month/day/year								
Week 4 (___/___/___) month/day/year								
Week 5 (___/___/___) month/day/year								

IMPORTANT SAFETY INFORMATION (cont'd)

What should I tell my healthcare provider before taking ORGOVYX? (cont'd)

Tell your healthcare provider about all of your medical conditions, including if you:

- Are breastfeeding or plan to breastfeed. It is not known if ORGOVYX passes into your breast milk.

Please see Important Safety Information throughout and full [Prescribing Information](#) and [Patient Product Information](#) for ORGOVYX (relugolix).

TEST RESULTS JOURNAL



In addition to other tests and lab work, you may have your testosterone and prostate-specific antigen (PSA) levels checked regularly. PSA is a protein produced in the prostate gland. Use the charts below to record your test results.

Why certain numbers are important

- PSA and testosterone levels can help show how your treatment for advanced prostate cancer is working. The goal of treatment is to bring testosterone levels down to less than 50 ng/dL. Your doctor will monitor your PSA levels periodically. If those levels increase, your testosterone may be measured to help evaluate your treatment.
- When you're on treatment for advanced prostate cancer, it's also important to keep an eye on other health-related measures.

Testosterone and PSA Test Results

	Baseline results	Follow-up results		
Appt./Test date				
PSA level (ng/mL)				
Testosterone level (ng/dL)				

Other Health-Related Test Results

	Baseline results	Follow-up results		
Appt./Test date				
Weight (lb)				
Hemoglobin A1C (%)				
Hemoglobin (g/dL)				
Glucose (mg/dL)				
Total cholesterol (mg/dL)				
LDL (bad cholesterol) (mg/dL)				
HDL (good cholesterol) (mg/dL)				
Triglycerides (mg/dL)				
Blood pressure (mm Hg)				
Liver enzymes: AST (IU/L)				
Liver enzymes: ALT (IU/L)				
Other				

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