

# Your treatment tracker

**ORGOVYX**<sup>®</sup>  
(relugolix) 120mg tablets

THE ONLY ORAL ADT

## A guide to making ORGOVYX part of your daily routine

With ORGOVYX, you can have the convenience of a once-daily pill. Use Your Daily Dosing Tracker to help you remember to take your pill every day, and the Test Results Journal to keep track of your test results and lab work. You can also write down any questions you may have for your doctor.

## How to take ORGOVYX

ORGOVYX is a once-daily pill that fits into your routine.

### The recommended dose of ORGOVYX

**First day of treatment:** Take 3 pills.



**Every day after that:** Take 1 pill once daily. Take it at about the same time each day.



### Things to remember while taking ORGOVYX



Take ORGOVYX exactly **how your doctor prescribed**



You can take ORGOVYX **with or without food**



**Swallow each pill whole**—do not crush or chew them



**Do not change your prescribed dose** of ORGOVYX or stop treatment without talking to your doctor first

### What to do if you forget to take ORGOVYX

**If it's been 12 hours or less** since you were supposed to take ORGOVYX, take it as soon as possible.

**If it's been more than 12 hours** since you were supposed to take ORGOVYX, don't take the missed dose. Take your next ORGOVYX dose at your regular time the next day.

### What is ORGOVYX?

ORGOVYX is a prescription medicine used in adults for the treatment of advanced prostate cancer. It is not known if ORGOVYX is safe or effective in females or children.

### IMPORTANT SAFETY INFORMATION

**Do not take ORGOVYX** if you have had a severe allergic reaction to relugolix or any of the ingredients in ORGOVYX.

### What should I tell my healthcare provider before taking ORGOVYX?

**Tell your healthcare provider about all of your medical conditions**, including if you:

- Have any heart problems, including a condition called long QT syndrome.
- Are pregnant or plan to become pregnant. ORGOVYX can harm your unborn baby and cause loss of pregnancy (miscarriage).
- Have a partner who is pregnant or may become pregnant.
  - Males who have female partners who are able to become pregnant should use effective birth control (contraception) during treatment with ORGOVYX and for 2 weeks after the last dose of ORGOVYX.

**Please see Important Safety Information throughout and full Prescribing Information and Patient Product Information for ORGOVYX.**

# Your Daily Dosing Tracker

Here are 3 monthly trackers to help you get into a daily routine of taking your treatment. To stay on track with your ORGOVYX treatment, place an X in the box each day after you take your medicine as prescribed by your doctor.

You can also use this tracker to note when your appointments are scheduled and when to order refills.

## Example

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 ( <u>2</u> / <u>28</u> / <u>25</u> ) month/day/year	X	X	X	X	X	X	X	

## Monthly Trackers

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (___/___/___) month/day/year								
Week 2 (___/___/___) month/day/year								
Week 3 (___/___/___) month/day/year								
Week 4 (___/___/___) month/day/year								
Week 5 (___/___/___) month/day/year								

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (___/___/___) month/day/year								
Week 2 (___/___/___) month/day/year								
Week 3 (___/___/___) month/day/year								
Week 4 (___/___/___) month/day/year								
Week 5 (___/___/___) month/day/year								

Day of week	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Notes
Week 1 (___/___/___) month/day/year								
Week 2 (___/___/___) month/day/year								
Week 3 (___/___/___) month/day/year								
Week 4 (___/___/___) month/day/year								
Week 5 (___/___/___) month/day/year								

## IMPORTANT SAFETY INFORMATION (cont'd)

### What should I tell my healthcare provider before taking ORGOVYX? (cont'd)

**Tell your healthcare provider about all of your medical conditions**, including if you:

- Are breastfeeding or plan to breastfeed. It is not known if ORGOVYX passes into your breast milk.

**Tell your healthcare provider about all the medicines or treatments you receive**, including: prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking ORGOVYX with certain other medicines can affect how ORGOVYX works or may cause side effects.

You should not start or stop any medicine before you talk with your healthcare provider who prescribed ORGOVYX.

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# Test Results Journal

In addition to other tests and lab work, you may have your prostate-specific antigen (PSA) and testosterone levels checked regularly. PSA is a protein produced in the prostate gland. Use the charts below to record your test results.

## Why certain numbers are important

- PSA and testosterone levels can help show whether your treatment for advanced prostate cancer is working. The goal of treatment is to bring testosterone levels down to less than 50 ng/dL. Your doctor will measure your PSA levels periodically, and may also check your testosterone levels
- When you're on treatment for advanced prostate cancer, it's also important to keep an eye on other health-related measures

## PSA and Testosterone Test Results

	Baseline results	Follow-up results		
Appt./Test date				
PSA level (ng/mL)				
Testosterone level (ng/dL)				

## Other Health-Related Test Results

	Baseline results	Follow-up results		
Appt./Test date				
Weight (lb)				
Blood pressure (mm Hg)				
Hemoglobin A1C (%)				
Glucose (fasting, mg/dL)				
Hemoglobin (g/dL)				
Total cholesterol (mg/dL)				
LDL cholesterol (mg/dL)				
HDL cholesterol (mg/dL)				
Triglycerides (mg/dL)				
Liver enzymes: AST (IU/L)				
Liver enzymes: ALT (IU/L)				
Other				

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## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

**Serious side effects of ORGOVYX include:**

- **Changes in the electrical activity of your heart (QT prolongation).** Your healthcare provider may check your body salts (electrolytes) and the electrical activity of your heart during treatment with ORGOVYX. Tell your healthcare provider right away if you get any signs or symptoms of QT prolongation, including:
  - dizziness
  - feeling that your heart is pounding or racing (palpitations)
  - fainting
  - chest pain
- **Allergic reactions.** Stop taking ORGOVYX and tell your healthcare provider or get emergency medical help right away if you get any signs or symptoms of an allergic reaction, including:
  - swelling of your face, lips, tongue, throat, or trouble swallowing
  - trouble breathing
  - hives (raised bumps), rash, or redness all over your body

- hot flushes
- increased blood sugar levels
- increased blood fat (triglyceride) levels
- muscle and joint pain
- decreased blood hemoglobin levels
- increased liver enzymes
- tiredness
- constipation
- diarrhea

ORGOVYX may cause fertility problems in males, which may affect your ability to father children. Talk to your healthcare provider if this is a concern for you.

These are not all the possible side effects of ORGOVYX. Call your doctor for medical advice about side effects or if you have a side effect that bothers you or does not go away.

You may report side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

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